

Be WEB-SAFE News

Spring 2025

BBC Teach Ask Teachers About Online Safety in Schools

A Censuswide survey commissioned by **BBC Teach** in December suggested that online safety is a growing problem amongst younger children with social media use by primary children becoming a concern for teachers. Almost every respondent (99.5%) reported that at least one child in class used social media. Around half felt the minimum age requirements should be higher for social media platforms. The survey suggests that just under a quarter of primary school teachers feel the minimum age requirement for WhatsApp should be put back up to 16 years or older from its current age of 13.

[You can look at the full survey results here.](#)



Online Disinhibition Spotlight

The disinhibition effect can be understood as a person shifting online, to behaviours that are different from the real world version of themselves. Each newsletter will look at one of the ways we can become disinhibited online. If we understand them we can use them to help us navigate this world with our children more safely:

ANONYMITY
I feel protected.

When people stay anonymous online they can think they don't have to take responsibility for their behaviour. This sometimes makes people say and do things they wouldn't say or do in the real world.

SAFE | APPROPRIATE | FRIENDLY | EDUCATED

Digital Detox

***Making a conscious decision to unplug for a while.
Here's how..***

1. Set realistic limits on screen time (start small and build it up).
2. Turn off notifications.
3. Plan phone free activities.
4. Don't take your phone (or start by switching off during the activity).
5. Delete apps you don't need.

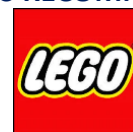
VIRTUAL VICTORIES

Getting Tech Right for Kids



Sir Donald Bailey Academy in Newark-on-Trent won the 15th annual Childnet Film Competition. Their entry 'change your attitude, change the internet' wowed the judges with its originality, thought-provoking content, while conveying a crucial online safety message to young people nationwide. Click the logo above for more info.

RESOURCES RECOMMENDATION



[Raising Digitally Smart Families](#)

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